



From the School Counselor, Kecia Pizzillo

January 8, 2018

Hello parents,

Wow! We are already half way through another school year! I hope all of you had a very Merry Christmas, and I wish for you the happiest of new years.

I would like to thank all of you who so generously donated to the animal center and homeless causes during the months of November and December. You truly demonstrated the character trait of caring, and it was appreciated. Visits from a “critter” will take place this month to Mrs. Ashworth’s and Mrs. Mount’s winning homerooms.

If you find that you have men’s coats, socks, gloves or blankets to donate to Nashville’s homeless, you may still send them here, as we will continue to visit the homeless through the winter months. If you or your child would ever like to see the gifts in action, we meet under the Jefferson Street Bridge in Nashville every Sunday at 2:00. There is an organization that provides a meal, and we give out the clothes, blankets, etc. It is a very eye-opening experience.

I continue to focus on resilience in our guidance lessons for both grades using different materials. This month for 6th grade, I will be using popular music with messages of resilience. We will hear and discuss 4 of today’s hits and the messages they impart. One of the songs, Logic’s 800-273-8255, deals with suicide prevention. Research tells us that the lack of resilience is one of many factors in our rising suicide rates. Nationwide, suicide is the 2nd leading cause of death for those between the ages of 15-24. For 5th grade, I am using an old Andy Griffith show to discuss resilience in the realm of sportsmanship and life.

As part of the health curriculum for 5th grade, I and Coach Burgess teach a puberty lesson in May. The young ladies are with me, and the young men are with Coach Burgess. This is a very generic lesson covering hygiene, changing bodies, and menstruation. There is nothing sexual in the content. If you would like to preview the video we watch, you can do that here <http://www.pgschoolprograms.com/parents.php> Scroll down to Always Changing (original). If you do NOT want your child to participate at all, please let your child’s teacher and me know that as well.

As always, if you have any questions or concerns, please feel free to contact me and I will make every effort to help or find someone who can.

Have a great 2018!
Kecia Pizzillo, M. Ed.
School Counselor